



Course Outline

OEEDU2007 CANOEING AND RIVER ENVIRONMENTS

Title: CANOEING AND RIVER ENVIRONMENTS

Code: OEEDU2007

Formerly: HM875

School / Division: School of Health Sciences

Level: Advanced

Pre-requisites: (OEEDU2006)

Co-requisites: Nil

Exclusions: (HM875)

Progress Units: 7.5

ASCED Code: 69903

Objectives:

After successfully completing this course, students should be able to:

Knowledge:

- Extend knowledge relevant to performing, teaching and managing canoeing activities
- Extend knowledge on planning, leadership, facilitation, decision-making, and group management to maximise involvement and safety in canoeing activities
- Extend knowledge on safety, risk management and emergency response relevant to canoeing activities
- Develop knowledge of riverine environments specific to the overnight field trip
- Develop knowledge of environmental issues relating to riverine environments
- Deliver and discuss information on a variety of different topics related canoeing

Skills:

- Refine practical canoeing and instructing skills to the level required for accreditation as a flat water canoeing educator
- Refine leadership skills by taking an active leadership role during sessions
- Develop risk and group management skills to a level required to competently guide small groups of novices on overnight canoe journeys on inland flat water
- Incorporate environmental interpretation and minimal impact skills into teaching methods

Values:

- Value learning, teaching, and performing canoeing skills to a high enough standard to be a competent teacher/instructor
- Value and understand the role of adventure and safe risk taking in outdoor activities



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and in life itself

- Realise the fragility and human impact on aquatic environments used in canoeing
- Value river journeying and the possibilities it provides for environmental education
- Appreciate the planning and logistics required for river journeying
- Understand the challenges and difficulties of leadership

Content:

Topics may include:

- Canoe design and construction
- Sport and recreation law
- Risk management and legal liability
- Teaching styles and group management strategies in aquatic environments
- Peer teach paddling skills: embarking / disembarking, rafting up, changing positions in boat, forward & reverse sweep, forward stroke, draw stroke, pry stroke. reverse paddling, bow draw, cross-bow draw, J - stroke, emergency stop
- Peer teach canoeing games & activities
- Occupational health and safety assessment related to canoeing
- Overnight canoe trip preparation
- Environmental issues pertaining to aquatic / riverine ecosystems

Learning Tasks & Assessment:

Learning Task	Assessment	Weighting
Practical Canoeing Sessions	Peer teach / Peer critique	45-65%
Practical Canoeing Sessions	Practical test - students will be required to: Paddle to a standard well enough to teach and rescue efficiently; safety check canoe trailer and tie canoes appropriately for transport	S/U
Maintenance of a workbook	Class Exam: This will test student knowledge and understanding of the theoretical perspectives of this course. Testing will focus on the students' ability to apply the theory to practical management and planning situations.	30-50%

Adopted Reference Style:

APA

Handbook Summary:

This course is designed to enable students to extend their paddling and safety management knowledge and skills to a level required for facilitating an overnight paddling excursion. Students will develop knowledge and appreciation of river environments and theoretical



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understanding of sport and recreation law, risk management, legal liability, and occupational health and safety. Students will participate in practical classes in canoeing and attend an overnight paddling trip. Success in this course counts towards an external accreditation for flat water canoeing.